

# TRAUMA NETWORK FOR CHILDREN

## Psychological First Aid (PFA) for Children Workshop

**Date:** 30 / 8 / 2025

**Time:** 930 am – 6 pm

**Location:** Caritas Agape Village, 7A Lor 8 Toa Payoh, Singapore 319264

**Fees:** \$250 per pax (Max: 28 pax – adult attendees)

*(includes resources, certification, 2 tea breaks and lunch)*

*(Registration closes on 4 July 2025 or when seats are filled)*

Psychological First Aid (PFA) for Children is an evidence-informed approach to assisting children and youths in the aftermath of a crisis, disaster, or terrorist event.

*Note: This is not a counselling or therapy certification course.*

### ABOUT THE TRAUMA NETWORK FOR CHILDREN

The PFA for Children course is a programme under the Trauma Network for Children (TNC) supported by KK Women's and Children's Hospital (KKH). The TNC aims to enhance the psychosocial capability of the Singapore community to support children and youth after crises or traumatic events.

### LEARNING OBJECTIVES

1. Learn the World Health Organisation model for PFA (Look, Listen, Link)
2. Pick up signs of distress in children and caregivers
3. Assist children and caregivers in distress
4. Gain knowledge of relevant resources for children and youth

### WHO SHOULD APPLY?

- Anyone interested in providing practical support to children & youth in the immediate aftermath of crises.
- No counselling experience is required.

### HOW TO REGISTER?

For interested applicants, please complete the following form:

<https://forms.gle/tP1qXBxV1Dim3jR97> or email: [infor@ecpcsg.com](mailto:infor@ecpcsg.com)

# TRAUMA NETWORK FOR CHILDREN

## Psychological First Aid (PFA) for Children (Workshop)

Psychological First Aid (PFA) for Children is an evidence-informed approach to assisting children and youths in the aftermath of a crisis, disaster, or terrorist event.

### ABOUT THE TRAINER

Geraldine Yang is a registered Consultant Psychologist and Clinical Supervisor (SRP) with more than 20 years of work experience in the field of mental health, working with adults, early-risk and at-risk children and adolescents with trauma history.

Apart from being trained in family-related work, she holds various crisis intervention protocol certifications. She is a qualified trainer for Psychological First Aid (Adults, Youth, and Children), Crisis Intervention for children and youth, and other crisis management protocols such as Critical Incident Stress Debriefing, Skills for Psychological Recovery, and ASIST Suicide Intervention.

She is also an adult educator/trainer and facilitator with the Social Service Institute and is still passionate about training on topics relating to children and families.

### SOME REVIEWS FROM PARTICIPANTS

👍 “Very informative & provided me with the skills & knowledge to help students who are in crisis”

👍 “Very informative, well-organised & professional”

👍 “Lively & interesting with practical sessions.”

👍 “The trainer was proficient at engaging the participants and explaining the concepts in a way that helped us easily understand the implementation of PFA”

👍 “Sharing the contents in a clear simple manner for me to understand.”

👍 “I love the way it is structured. Doesn't feel draggy and it was very engaging and interactive with lots of hands-on practice.”

👍 “Very information & applicable. Scenarios & role-play are very life-like, allowing us to envision it happening.”

👍 “Explaining concepts and ability to relate back to daily scenarios/actual scenarios.”